

TAKE A WALK THROUGH OUR *Bee Friendly Gardening Guide* to see how you can help bees



Provide nesting sites for bees by using a bee hotel or leaving areas of your garden messy.



Bees like to stick to one flower whilst foraging, so plant flowers in large patches as this saves them on travel time.

Plant bee friendly flowers for every season so bees have a constant supply of food.



Insecticides may kill pests but are also bad for bees - why not try companion planting instead?



Bees love fruit and veg such as beans and berries, and will pollinate your crops too!



Plant a good selection of annuals, herbaceous perennials and biennials.



A water feature can bring bees and other wildlife to the garden. Put some pebbles in the bottom so bees can access it.

Grow wild – wildflowers are great for bees and pretty too!



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INSPIRING WOMEN



Can you spot the following bees...?



**SEDUM
'MATRONA'**



HELIOPSIS



*Red-tailed
bumblebee*



JAPANESE ANEMONE



Honeybee

Can you see the pollen sacs on the back legs of this bee?



*Garden
bumblebee*

HELENIUM



ASTERS



CARYOPTERIS



**RUDBECKIA
FULGIDA**



Common carder bee



*White-tailed
bumblebee*

and match them with the Autumn flowers?